Potential Alzheimer’s Disease Therapeutics Among Weak Cysteine Protease Inhibitors Exhibit Mechanistic Differences Regarding Extent of Cathepsin B Up-Regulation and Ability to Block Calpain

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Abstract

Cysteine protease inhibitors have long been part of drug discovery programs for Alzheimer's disease (AD), traumatic brain injury (TBI), and other disorders. Select inhibitors reduce accumulating proteins and AD pathology in mouse models. One such compound, Z-Phe-Ala-diazomethylketone (PADK), exhibits a very weak IC₅₀ (9-11 μM) towards cathepsin B (CatB), but curiously PADK causes marked up-regulation of the Aβ-degrading CatB and improves spatial memory. Potential therapeutic and weak inhibitor E64d (14 μM IC₅₀) also up-regulates CatB. PADK and E64d were compared regarding the blockage of calcium-induced cytoskeletal deterioration in brain samples, monitoring the 150-kDa spectrin breakdown product (SBDP) known to be produced by calpain. PADK had little to no effect on SBDP production at 10-100 μM. In contrast, E64d caused a dose-dependent decline in SBDP levels with an IC₅₀ of 3-6 μM, closely matching
its reported potency for inhibiting μ-calpain. Calpain also cleaves the cytoskeletal organizing protein gephyrin, producing 49-kDa (GnBDP49) and 18-kDa (GnBDP18) breakdown products. PADK had no apparent effect on calcium-induced gephyrin fragments whereas E64d blocked their production. E64d also protected the parent gephyrin in correspondence with reduced BDP levels. The findings of this study indicate that PADK’s positive and selective effects on CatB are consistent with human studies showing exercise elevates CatB and such elevation correlates with improved memory. On the other hand, E64d exhibits both marginal CatB enhancement and potent calpain inhibition. This dual effect may be beneficial for treating AD. Alternatively, the potent action on calpain-related pathology may explain E64d’s protection in AD and TBI models.

**Keywords:** Alzheimer's disease, calpain, lysosome, PADK, E64d

**Introduction**

The age-related protein accumulation disorder Alzheimer’s disease (AD) afflicts more than 5 million people in the U.S., also causing stress to caregivers, family, and friends. Furthermore, the disease greatly burdens a healthcare system that is incurring over $250 billion in costs each year. The process of aging is known to exacerbate pathogenic protein accumulation, as most non-familial cases of AD occur in people 65 years or older. Features of AD include i) intracellular aggregates, ii) extracellular deposits, and iii) multiproteinopathic components comprising of Aβ42, amyloid precursor protein (APP) fragments, hyperphosphorylated tau, and often TDP-43 and α-synuclein (Nixon, 2007; Mazzuli et al., 2016). Protein accumulations occur prior to the onset of synaptic pathology and neurodegeneration (Bendiske et al., 2002; Goldberg, 2003; Butler et al., 2005), likely as a result of an imbalance between protein synthesis and degradation.

Lysosomes contain a variety of cysteine, aspartyl, and serine proteases as well as other enzymes as part of a key protein degradation pathway. Cathepsins are among the proteolytic enzymes located within the acidic environment of the lysosome where their main function is the degradation of large biomolecules (see Bahr, 2009; Ditaranto et al., 2001; Wang et al., 2017). The specific enzyme cathepsin B (CatB) has been implicated as a therapeutic target for AD since it degrades Aβ42 into less pathogenic peptides through C-terminal truncation (Mueller-Steiner et al., 2006; Butler et al., 2011). In addition, positive CatB modulation appears to be a cellular protection avenue since the enzyme exhibits an enhancement effect in response to many types of protein clearance compromise and protein accumulations, including:

- Proteasome inhibitor treatment in SH-SY5Y cells (Cecarini et al., 2014)
Proteasome inhibition in SH-SY5Y cells expressing human APP (Cecarini et al., 2014)
Intrahippocampal injection of proteasome inhibitor in aged rats (Gavilán et al., 2015)
Proteasome inhibitor treatment in hippocampal slices (Farizatto et al., 2017)
Chloroquine-induced lysosomal stress in hippocampus (Bendiske & Bahr, 2003).
High concentration Aβ42 in hippocampal slices (Bendiske & Bahr, 2003)
Low-levels of Aβ42 in hippocampal slices (Farizatto et al., 2017)
Aβ42 treatment of a mouse neuronal cell line (Mueller-Steiner et al., 2006)
Expression of mutant human APP in mouse brain (Mueller-Steiner et al., 2006)
Human huntingtin expression in cultured neurons (Wu et al., 2012)

Note that a compensatory inter-relationship between the proteasomal and lysosomal protein clearance pathways has been suggested with recent evidence showing that impairment of the proteasomal system activates CatB and the lysosomal system (Cecarini et al., 2012; Farizatto et al., 2017). In addition, a positive modulator of the lysosomal system enhanced the level of CatB activity and also reduced Aβ accumulation in neuroblastoma cells expressing mutant APP (Park et al., 2016). Across AD transgenic mouse models, genetic and pharmacological manipulations found to increase CatB activity also reduced Aβ levels and offset disease parameters (Mueller-Steiner et al., 2006; Sun et al., 2008; Butler et al., 2011; Yang et al., 2011; Wang et al., 2012).

In other studies, CatB inhibition has been linked to the reduction of Aβ deposits and improved memory in AD mouse models using the broad cysteine protease inhibitor E64d (see Hook et al., 2007, 2011, 2014a). E64d, however, was also found to potently inhibit the calcium-activated protease calpain and such inhibition was found to protect against different neuropathologies (Inubushi et al., 1994; Tsubokawa et al., 2006; Trinchese et al., 2008; Jeon et al., 2016). Thus, the current study compared the distinct compounds PADK and E64d with regard to the extent of their CatB modulation vs. their calpain blocking capacity. The latter was assessed by measuring calcium-dependent breakdown of the cytoskeletal protein spectrin that is implicated in many pathological states (Vanderklish & Bahr, 2000; Pineda et al., 2004; Weiss et al., 2009; Ono et al., 2016) and the calcium-dependent breakdown of gephyrin, a postsynaptic scaffold protein that recruits transmitter receptors and interacts
with a guanine nucleotide exchange factor (Kawasaki et al., 1997; Fekete et al., 2017).

Materials and Methods

Hippocampal Slice Cultures. All studies with animals were carried out in accordance with the recommendations from the Guide for the Care and Use of Laboratory Animals from the National Institutes of Health. Brain tissue from postnatal 12-day-old Sprague-Dawley rats (Charles River Laboratories) was rapidly removed to prepare hippocampal slices (Farizatto et al., 2017; Butler et al., 2011). Transverse slices (400 μm) were quickly prepared and gently positioned on Millicell-CM inserts (Millipore, Billerica, Massachusetts). The hippocampal slices were maintained at 37°C in 5% CO2-enriched atmosphere for 18-22 days before being treated with different agents.

Culture Treatments. E64d (2S,3S-trans-epoxysuccinyl-L-leucylamido-3-methylbutane ethyl ester or aloxatin; Sigma-Aldrich; St. Louis, Missouri) was applied daily to hippocampal slice cultures for 2-3 days. The compound Z-Phe-Ala-diazomethylketone (PADK; Bachem Inc., Torrance, California), which promotes mature CatB levels in different model systems (Ryzhikov & Bahr, 2008; Butler et al., 2011; Bahr et al., 2012) was similarly assessed in the hippocampal cultures. After treatments, cultured slices were gently removed from the inserts into groups of 7-9 each using ice-cold isosmotic buffer and homogenates were prepared.

Cathepsin B Activity. The InnoZyme Assay Kit (Millipore) was used to measure CatB activity in the hippocampal slice samples treated with various concentrations of compounds. Aliquots of homogenized samples (10 μg protein) were assessed in duplicate for proteolytic activity using the Z-Arg-Arg AMC substrate and the SpectraMax M3 microplate reader.

Calcium-Dependent Calpain Assay. Brain tissue homogenates were rapidly prepared from adult rats, which were humanely sacrificed by isoflurane anesthesia and decapitation. Brains were cooled and removed from the skull and then placed in ice-cold homogenization buffer. The brains were immediately dissected and telencephalic tissue was collected, homogenized and assayed for protein content level. Equal protein aliquots were incubated with 6 mM CaCl2 at 37°C, in the absence or presence of potential protease inhibitors, and then assessed by immunoblot for proteolytic products.

Immunoblot Analysis. Immunoblot samples of adult brain tissue and hippocampal slice cultures were sonicated in cold lysis buffer (Sigma-Aldrich; St. Louis, Missouri). Protein content was determined and equal amounts of protein were denatured in sample buffer and separated on gradient gels for subsequent transfer to nitrocellulose. Blots were incubated in blocking solution containing 5% milk or BSA for 1 h. Primary antibody staining utilized antibodies against cathepsin B (1:100, Calbiochem), GluR1 (1:1000;
Millipore) and anti-αII spectrin (1:100, Santa Cruz), as well as against actin 20-33 (1:500, Sigma) and an antibody to gephyrin’s C-terminal (1:250) made against the sequence VELHKGEVVDVVMIGRL described in Kawasaki et al. (1997). Anti-IgG-alkaline phosphatase conjugates and anti-IgG-horseradish peroxidase conjugates were used for the secondary antibody step, and antigen staining and image development involved the chemiluminescence protocols using the GE Amersham AI600RGB imager. Immunostained bands were scanned at high resolution to determine integrated optical density with BIOQUANT software (R & M Biometrics, Nashville, Tennessee).

**Transgenic Mice Assessment.** Transgenic and control mice were housed in vivarium facilities until the desired age. The APPswldnd J20 line mice (Jackson Laboratories) exhibit lower levels of Aβ deposits compared to the original line, and were used at 9–10 months of age. Genotype was confirmed by PCR. Mice were handled daily for 1 week and subsequently received daily i.p. injections of 20 mg/kg PADK. Control mice were injected with the corresponding volume of vehicle. Mice were handled and familiarized with the open field used for spatial memory. The APPswldnd mice and age-matched wild-type mice were mildly caloric-restricted and assessed for spatial memory in the hidden food cache test. A food reward was placed in one of two opaque cylinders in opposite corners of an open field. The food location was changed after each 3-trial training session over a 24-h period, and food retrieval time was compared across trials.

**Statistical Analyses.** Specific immunoreactivity values [(optical density – background) × area] for each antigen were quantitatively compared. Results were evaluated with unpaired t tests or analyses of variance (ANOVA) followed by post hoc tests using Prism software (GraphPad, San Diego, California). IC₅₀ and EC₅₀ values were determined using nonlinear regression.

**Results**

Potential targets of the weak cysteine protease inhibitors PADK and E64d include the lysosomal system and the calcium-activated protease calpain (Fig. 1a). PADK was assessed for CatB inhibitory action in brain homogenates, resulting in a very weak IC₅₀ value of 9-10 µM (Fig. 1b). In contrast, lower PADK concentrations elicited positive modulation of the 30-kDa CatB active isoform (CatB-30) in hippocampal slice cultures (Fig. 1c), including concentrations that produced no or minimal inhibitory effects on the enzyme (see grey zones in Figs. 1b and 1c).
Figure 1. Potential enzyme modulation avenues. PADK and E64d are protease inhibitors that potentially target calpain and/or lysosomal hydrolases (a). PADK was assessed for its effect on CatB activity (b), exhibiting an IC$_{50}$ of 9-10 µM in brain homogenates. PADK at 1-8 µM (grey zone) produced little inhibition (red arrows), while the same concentrations enhanced the CatB-30 active isoform 3-5 fold (c; green arrows) in hippocampal slice cultures (EC$_{50}$ = 2.8 µM). GluR1 was unchanged in PADK-treated samples (+). In the presence of the CatB inhibitor CA074, 10 µM PADK was unable to have an effect on CatB-30 (*p<0.05).

PADK’s dose-dependent modulatory effect on CatB-30 in Figure 1c exhibited an EC$_{50}$ of 2.8 µM, thus was >3-times more potent than its weak inhibitory potency to explain its enhancing effect on CatB activity previously reported (Butler et al., 2005, 2011; Farizatto et al., 2017). This modulator induced a 3-6-fold increase in CatB-30 as compared to levels found in untreated hippocampal slices, and its effect was blocked by the very potent CatB inhibitor CA074 (open triangle in Fig. 1c). Corresponding with this CatB-enhancing effect, PADK improved spatial memory in APP$_{Swmd}$ transgenic mice using a novel hidden food cache paradigm (Table 1). APP$_{Swmd}$ and age-matched wildtype mice were trained to find the location of food that was placed in one of two opaque cylinders positioned in different configurations for each test. Wildtype mice exhibited improved time to find
the food reward after three trials (p<0.001), whereas APP<sub>Swind</sub> mice showed no improvement after 3 trials (Table 1). PADK treatment at 20 mg/kg/day (i.p.) allowed the transgenic mice to improve their food location time (p=0.036), to a level comparable to the performance by wildtype controls. These results are similar to the previously correlated improvement of episodic memory in APP-PS1 mice (Butler et al., 2011).

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**Table 1.** Spatial memory was improved in 9-10-month APP<sub>Swind</sub> mice treated with PADK (20 mg/kg/day ip for 9 days). APP<sub>Swind</sub> mice and age-matched wild-type mice (WT) were mildly caloric-restricted and assessed with the hidden food cache test. A food reward was placed in one of two opaque cylinders in opposite corners of an open field. The food location was changed after each 3-trial training session, and food retrieval time was compared across trials. **p<0.001, t-test compared to trial 1; *p=0.036, Mann-Whitney test compared to APP<sub>Swind</sub> trial 3 + vehicle.**

The broad cysteine protease inhibitor E64d also has been implicated as a treatment avenue for AD (Hook et al., 2007, 2011, 2014a). While it has been suggested that E64d’s inhibitory effect on CatB is the underlying therapeutic action for offsetting AD pathology, this weak protease inhibitor was found to increase CatB-30 (Table 2). Note that the positive modulation of CatB by E64d was less pronounced than the enhancing effect produced by PADK (increase of 76% vs. 549%; p<0.001). Other weak cysteine protease inhibitors were also found to up-regulate active CatB to varying degrees, including i) SD1002, a non-peptidyl PADK analogue previously found to promote Aβ₄₂ clearance (Viswanathan et al., 2012), ii) the polyphenol quercetin that, like PADK and E64d, exhibits very weak CatB inhibitory action (Ramalho et al., 2015), and iii) Cathepsin Inhibitor 1 (CATI-1, also known as Z-Phe-Gly-NHO-Bz), a broad inhibitor of papain and several cathepsins (Table 2). The potent CatB inhibitors CA074, CA074me, and E64 did not exhibit positive modulation of CatB-30. Table 2 also compared the listed 8 compounds for their inhibitory action on the calcium-activated cysteine protease calpain and, interestingly, E64d and the related E64 compound stand out as the most potent.
very weak inhibitors | CatB-30, percent±SEM | IC50 for CatB, µM | IC50 for calpain, µM
--- | --- | --- | ---
vehicle control | 100 ± 4.0 | – | –
PADK | 1 µM 10 µM | 340 ± 38.7** 649 ± 74.5*** | 9 – 11a | ≥100 (from Fig. 3d)
E64d | 1 µM 10 µM | 115 ± 9.2 176 ± 12.5*** wu | 14b | 3 – 6 (from Fig. 3b) 0.04 – 4f
SD1002 | 10 µM | 345 ± 13.3** | >50d | n.d.
quercetin | 10 µM | 198 ± 19.2** | 8e | 211f
CATI-1 | 10 µM | 149 ± 14.3** | weak inhibitorg | >20b

table 2. Comparisons among weak cysteine protease inhibitors and potent inhibitors regarding CatB-enhancing activity in hippocampal slice cultures and inhibitory activity targeting CatB and calpain. Measures of the 30-kDa CatB isoform (CatB-30) in treated hippocampal slices were from Farizatto et al. (2017). ANOVA multiple comparison tests compared to vehicle control; **p<0.01, ***p<0.001; unpaired t-test compared to 10 µM PADK. **p<0.01. IC50 values for inhibiting calpain-mediated SBDP production are shown for PADK and E64d from Fig. 3. Other IC50 values for inhibiting CatB and calpain were obtained from the following references: a, Butler et al., 2011; b, Jeon et al., 2016; c, Huang et al., 1992; d, Viswanathan et al., 2012; e, Ramalho et al., 2015; f, Je Ma et al., 2009; g, 55; h, Montagne et al., 2017; i, Inubushi et al., 1994; j, Trinchese et al., 2008. CATI-1, Cathepsin Inhibitor 1; n.d., not determined.

To determine whether PADK and E64d have different actions on the calcium-activated calpain, assays were conducted to assess their ability to inhibit previously characterized breakdown products of spectrin and gephrin mediated by calpain (SBDP and GnBDP; Fig. 2). Pathogenic calpain activation is known to cleave the α-subunit of the cytoskeletal protein spectrin (Vanderklish & Bahr, 2000). Calpain also cleaves the postsynaptic scaffold protein gephrin into long-lasting fragments of 18 and 49 kDa (Kawasaki et al., 1997). Brain homogenates were prepared and incubated with calcium, producing a 150-kDa αII-spectrin fragment, and E64d inhibited this SBDP production (Fig. 3a). The dose-dependent inhibitory effect exhibited an IC50 of 3-6 µM (ANOVA p=0.0066; Fig. 3b), closely matching E64d’s reported potency for blocking μ-calpain (Huang et al., 1992).

PADK, on the other hand, did not decrease SBDP levels in calcium-treated brain samples (Fig. 3c). Insignificant variability in SBDP levels was found (Fig. 3d), but some calpain
inhibition may occur at very high PADK concentrations that would negate its positive modulation of CatB.

**Figure 2. Calpain-mediated proteolysis of spectrin and gephyrin.** Compounds may have an effect on calpain, a calcium-activated protease that generates breakdown products of spectrin (SBDPs of 150-152 kDa) and gephyrin (GnBDPs of 18 and 49 kDa).

**Fig. 3. E64d blocks calcium-induced spectrin breakdown while PADK does not.** Rat telencephalic homogenates were not treated (NT) or treated with CaCl₂ at 37°C for 1 h to activate proteases in the presence of E64d (a, b) or PADK (c, d). Equal protein aliquots were assessed by immunoblot for anti-αII-spectrin staining of the 150-kDa SBDP and for labeling of a gel loading control. Calcium-induced SBDP levels were normalized to the 0 µM control and means ± SEM were compared to the control: *p<0.05, **p≤0.01. PADK had no effect on SBDP.
Concerning the calpain-mediated gephyrin fragments previously characterized in hippocampal membranes, calcium treatment of rat telencephalic samples also led to the production of a 49-kDa breakdown product (GnBDP49) as found in the hippocampal study, and to the production of a smaller 18-kDa fragment (GnBDP18) labeled by the antibodies developed against gephyrin’s carboxyl-terminal sequence (Fig. 4a). Comparing the two distinct compounds of this study, PADK at 100 μM was found to have no effect on the calcium-induced generation of GnBDP18 (Fig. 4b and 4c), whereas 100 μM E64d completely blocked the 18-kDa fragment from forming (Fig. 4c).

![Figure 4](image)

**Figure 4. E64d blocks calcium-induced gephyrin breakdown.** Telencephalic homogenates were treated without (−) or with (+) CaCl$_2$ at 37°C for 1 h, generating gephyrin breakdown products of 49 (GnBDP49) and 18 kDa (GnBDP18) that were detected by immunoblot (a). Molecular weight markers are shown. PADK had no effect on calcium-induced GnBDP18 formation (b) whereas E64d blocked its formation (c). NT, not treated with CaCl$_2$.

In addition to inhibiting the GnBDP18 proteolytic cleavage product, E64 blocked the formation of the larger GnBDP49 fragment as well (Fig. 5a and 5b). The dose-dependent reduction of the 49-kDa cleavage product in calcium-activated samples closely corresponded with E64d’s dose-dependent inhibition of spectrin breakdown (Fig. 5c). Note that the calcium-induced loss of the protein band shown as a gel load control was also protected by E64d.
Figure 5. E64d reduces GnBDP49 in calcium-treated brain tissue. Telencephalic homogenates were treated with CaCl₂ at 37°C for 1 h, generating the gephyrin fragment GnBDP49 detected by immunoblot (a) and the E64d inhibitory effect was determined across concentrations. Calcium-induced GnBDP49 levels were normalized to the 0 μM control and means ± SEM were compared to the control: *p<0.0182. A corresponding E64d effect was found for blocking calcium-induced SBDP levels (c). NT, not treated with CaCl₂.

Next, we tested the E64d and PADK compounds for the ability to protect the parent gephyrin protein, the 95-kDa isoform, from deterioration by calcium-induced proteolysis. In a pair of calcium-treated telencephalic homogenates, the brain sample with the addition of E64d exhibited a correspondence between blocking gephyrin fragment formation and protecting the parent gephyrin (see top two blot strips in Fig. 6a). As also indicated in the figure, the E64d inhibitor had similar abilities to 1) reduce gephyrin from being fragmented to GnBDP49 and other breakdown products and 2) reduce spectrin from being proteolyzed to the SBDP calpain cleavage product.
**Figure 6. E64d protects the 95-kDa parent gephyrin from being proteolytically deprecitated.** The calcium-treated brain homogenates incubated in the absence (−) or presence of E64d (+) were assessed by immunoblot for both the parent gephyrin and GnBDP49 as well as SBDP (a). PADK- and E64d-treated samples were assessed for protection of calcium-induced loss of gephyrin (b). Integrated optical densities (mean IODs ± SEM) of gephyrin labeling were normalized to the 0 μM control for PADK samples (no protection) and for E64d samples that exhibited protection to levels that were ≥ control levels (c). Dotted line: gephyrin amount in no-calcium control samples.

Additional calcium-treated brain samples were incubated with 10-100 μM PADK and showed no evidence that PADK protected the 95-kDa parent gephyrin, but samples treated with 10-100 μM E64d were associated with robust levels of protected gephyrin protein (Fig. 6b). When examining the effects across dosages of PADK and E64d, for evidence that they govern cytoskeletal decay, calcium-treated samples with different PADK concentrations fell well below the control gephyrin measures from samples without the calcium incubation (average control level noted by dotted line in Fig. 6c). This finding indicates that no protection of gephyrin was produced by PADK. In contrast, calcium-incubated samples with different E64d
concentrations exhibited amounts of parent gephyrin that approached or exceeded the dotted-line control level of gephyrin (Fig. 6c). Interestingly, the calcium-activated homogenates that were treated with 10-100 μM E64d exhibited much more parent gephyrin than those homogenate samples that were treated with 100 μM PADK. Together with results of the breakdown product experiments, these findings indicate that E64d protects gephyrin from calpain-mediated proteolytic damage.

Discussion

For over 30 years, research programs for developing neurotherapeutics and other disease treatments have included cysteine protease inhibitors (see Wang & Yuen, 1994; Nixon, 2000; Vanderklish & Bahr, 2000; Trinchese et al., 2008; Saatman et al., 2010; Ono et al., 2016; Sugiyama et al., 2017). For protein accumulation disorders (e.g., AD, Parkinson’s disease, and Huntington’s disease), it is counterintuitive to use protease inhibitors that would block the same protein clearance pathways whose dysfunctions are part of pathogenic cascades (see Torres et al., 2012; Burbulla et al., 2017; Farizatto et al., 2017). Pathogenic protein clearance is a critical issue for AD-type pathology since Aβ42 and Aβ40 peptides have impaired clearing rates in the human disease (Mawuenyega et al., 2010). Accordingly, a growing number of studies has investigated agents that enhance enzymes appropriately involved in protein clearance. The CatB cysteine protease is one such enzyme: it is a lysosomal hydrolase that degrades Aβ into less amyloidogenic species (Mueller-Steiner et al., 2006; Butler et al., 2011; Wang et al., 2012; Cermak et al., 2016; Park et al., 2016) and it is neuroprotective when up-regulated, reducing synaptic and behavioral deficits related to AD (Mueller-Steiner et al., 2006; Sun et al., 2008; Butler et al., 2011; Yang et al., 2011; Viswanathan et al., 2012). The PADK and E64d compounds compared here are both very weak inhibitors of the Aβ-degrading CatB, but both were found to up-regulate CatB levels which may explain their beneficial actions in AD mouse models (see Butler et al., 2011; Hook et al., 2011; Bahr et al., 2012). It is noteworthy, however, that the two compounds exhibited distinct actions on the active CatB isoform vs. the calcium-dependent cysteine protease calpain:

• PADK up-regulated CatB-30 by 549% while causing no apparent change in calpain activity;

• E64d up-regulated CatB-30 by 76% but reduced calpain activity by 80-90%.

PADK has a >7-fold effect on CatB enhancement as compared to E64d’s effect, as indicated by hippocampal slices after being treated with the compounds. PADK’s robust effect on CatB explains the improved protein clearance as part of its protective actions in AD mouse models, which is consistent with human
studies showing exercise elevates CatB levels in correlation with improved memory (Moon et al., 2016). E64d, on the other hand, elicits a much smaller enhancing effect on CatB, but this small enhancement may be part of E64d’s therapeutic action at concentrations that do not block the protein clearing role of CatB.

This study also indicates that PADK and E64d differ mechanistically in their abilities to block calpain-mediated proteolysis. PADK’s positive effect on CatB was found to be selective, apparently independent of any inhibitory effect on calpain, an enzyme linked to several neurodegenerative disorders including stroke, seizures, TBI, and AD (see reviews: Nixon, 2000; Vanderklish & Bahr 2000). E64d’s blocking of calpain-mediated cytoskeletal damage was observed to be many times more potent than its effect on CatB. Thus, PADK and E64d may provide separate yet promising therapeutic avenues by acting on different targets (see Fig. 7).

PADK increases CatB-30 levels through an interaction with the CatB enzyme’s active site. Such an interaction appears to occur to different degrees by phenolic-rich structures including PADK, the related Z-Phe-Phe-diazomethylketone, the nonpeptidic modulator SD1002, and the natural phenolic compound quercetin since they were effective at up-regulating CatB-30. In contrast, the structurally distinct epoxysuccinyl peptide E64d acted 7-fold less potently than PADK for CatB positive modulation. In addition to lacking phenolic motifs that may facilitate the modulation, E64d is known to be hydrolyzed once it readily permeates into cells, becoming a potent cysteine protease inhibitor with an IC$_{50}$ for blocking calpain of 0.04 μM (Huang et al., 1992). This feature of E64d likely influences its ability to up-regulate CatB since the better positive CatB modulators identified here are very weak inhibitors of cysteine proteases.
Figure 7. Differential pathways and therapeutic targets of PADK and E64d. PADK has a positive and selective effect on lysosomal CatB which likely explains its beneficial effect on AD-type protein accumulation pathology. E64d elicits low-level positive CatB modulation which may be part of its therapeutic action. In addition, evidence indicates that E64d potently blocks pathogenic, calpain-mediated cytoskeletal damage, and the compound is known to block a number of lysosomal enzymes. The singular action on calpain or the dual effect on calpain and the lysosomal pathway may explain E64d’s protective results.

The results suggest that E64d targets the calcium-regulated enzyme calpain, an enzyme that is essential to a host of cellular processes and is known to participate in many pathologic cascades. E64d effectively reduced cytoskeletal degradation linked to neuropathology, evaluated by measuring spectrin and gephyrin proteolysis that was shown previously to be blocked by selective calpain inhibitors (Kawasaki et al., 1997; Vanderklish & Bahr 2000). E64d and PADK exhibited disparate effects on the cytoskeletal damage in brain samples:

- E64d blocked calcium-mediated spectrin and gephyrin breakdown at $\geq 10$ μM;
- E64d protected the parent gephyrin from calcium-mediated proteolysis at $\geq 10$ μM;
- PADK did not block the induced cytoskeletal breakdown or protect the parent gephyrin.
Of its different modulatory actions depicted in Figure 7, E64d’s negative modulation of calpain alone very likely explains its protective effects against neurodegenerative insults, rather than through dual inhibition of both calpain and a family of lysosomal cathepsins (E64d is listed as an inhibitor of cathepsins B, F, H, K, and L). First, selective calpain inhibitors have been widely reported to protect against ischemic insults and TBI (see Vanderklish & Bahr, 2000; Saatman et al., 2010; Ono et al., 2016). Second, E64d completely protected against the TBI-induced neuronal loss measured in CatB knockout mice (Hook et al., 2014b). Third, intracellular and hydrolyzed E64d, having a 0.04-μM IC₅₀ for blocking calpain (Huang et al., 1992), is 350 times more potent towards calpain vs. CatB and has been shown to lower Aβ peptide levels and improve memory in APP transgenic mice (Hook et al., 2007, 2011, 2014a). In comparison, the calpain inhibitor BDA-410 is 748 times more potent towards calpain vs. CatB and exhibited similar memory improvement as well as restored normal synaptic functions in AD mice (Trinchese et al., 2008). Lastly, inhibition of cathepsins would not be a beneficial feature to add to a therapeutic for synaptic/cognitive protection since CatB-blocking levels of cysteine protease inhibitors were found to be toxic, causing the accumulation of APP fragments and reducing synaptic protein measures (Bahr et al., 1994). Similarly, E64d blocked lysosomal protein clearance leading to accumulating levels of the mutant huntingtin protein (Jeong et al., 2009).

Inhibiting calpain enzymes as a therapeutic avenue has long been a challenge since reducing calpain activity can i) negatively affect one of the many physiological roles for calpains and ii) lead to adverse side effects. Even with these challenges, drug discovery efforts remain active to develop calpain-targeted strategies to treat cancer, cardiovascular diseases, drug abuse, and neurodegenerative disorders including latter stages of AD (see Ono et al., 2016; Liang et al., 2017).

Interestingly, the E64d neuroprotectant, shown to be effective in London-mutant APP mice, appears to be the first compound identified that is both a potent calpain inhibitor and a positive modulator of the lysosomal pathway through CatB up-regulation. As should be noted, a cautionary study reported that all APP-overexpressing mice exhibit a toxic protein accumulation that does not occur in AD brains and that calpain activation can be an artifact of APP overexpression (Saito et al., 2016). Notwithstanding, aberrant calpain activity may play a role in AD-related oxidative stress and age-related disruption of proteostasis that lead to lysosomal destabilization (see Nixon, 2000; Yamashima, 2016). Perhaps related, calpain inhibition has been suggested to promote protective protein clearance through inducing the autophagic-lysosomal pathway (Menzies et al., 2015; Watchon et al., 2017) and blocking the switch from 26S to 20S proteasomes in order to enhance
regulated 26S proteasomal protein degradation that is essential for neuronal health and survival (Huang et al., 2013). Thus, a potential therapeutic with calpain inhibitory and lysosomal enhancement properties may elicit two separate avenues for proteostasis protection. CatB enhancement, in fact, has been shown to protect against AD-type protein accumulation pathology and associated synaptic compromise in a chloroquine-induced model of protein accumulation stress (Bendiske & Bahr, 2003; Butler et al., 2005; Rhyzikov & Bahr, 2008) and in models directly treated with Aβ42 (Park et al., 2016; Farizatto et al., 2017).

In summary, among the weak cysteine protease inhibitors assessed, the PADK compound was found to have a positive effect on CatB but did not appear to inhibit calpain. E64d, on the other hand, was demonstrated to be both a positive CatB modulator and a potent calpain inhibitor. This dual action suggests E64d has a unique ability to treat protein accumulation events related to AD.

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